

Proposal Review Committee Report

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Introduction

The Central Coast Commission for Senior Citizens, Area Agency on Aging, issued three (3) Requests for Proposals (RFP) on April 14, 2023. The RFPs solicited proposals for the provision of Title III C: Elder Nutrition Program , Title IIID Health Promotion services for the period July 1, 2023 through June 30, 2024.

The resulting contract(s) will be a one- year contract with three option years for services that are subject to renewal annually at the discretion of the AAA Board of Directors, and subject to satisfactory performance of all contract requirements and annual appropriations. Applications (proposals) were received in response to the RFP's.

All Applications for Funding received were forwarded to the Proposal Review Committee for review. In conformance with its Area Plan, the Area Agency on Aging provides contract awards through the Title III/VII (federal funds) to agencies for the provision of services in the two-county (San Luis Obispo and Santa Barbara) area. The Area Agency on Aging accomplishes this through multi-year RFP's.

A Proposal Review Committee has been designated by the Area Agency on Aging to be responsible for the review and evaluation of all applications and the development of recommendations to be presented to the Area Agency on Aging Board of Directors. The Agency policy states that the Proposal Review Committee consists of members from the Area Agency on Aging Advisory Council and the Board of Directors. This year the AAA Advisory Council volunteer was Dorothy Schlitz. The Proposal Review Committee members from the Board of Directors were Sharon Whitney, Nancy Crawford and Jean McKinnon.

Following the public hearing on the preliminary recommendations, the Proposal Review Committee members present met and determined that based on the comments no changes to the preliminary recommendations were needed.

The criteria used by the Proposal Review Committee were outlined in detail in each Request for Proposal.

The awarding of contracts is contingent upon the receipt of sufficient monies and a Notification of Contract Award from the California Department of Aging to the Central Coast Commission for Senior Citizens, and upon the regulations of the

Older Americans Act. The budget information for 2023/24 was received after the Proposal Review Committee developed their recommendations. A quick review indicates that there are sufficient monies to fund the recommendations.

The Older Americans Act makes funds available for the provision of home and community-based services. These services provided through Title III are to be targeted to older persons in greatest social and economic need. For the purpose of these RFPs and subaward, a senior is defined as a person aged 60 years of age or older. Greatest social need means the need caused by noneconomic factors that restrict an individual's ability to perform normal daily tasks or that threaten his or her capacity to live independently. These factors include physical and mental disability, language barriers, and cultural or social isolation caused by, among other things, racial and ethnic status, sexual orientation, gender identity, or gender expression. Any senior whose income is estimated to be equal to or less than the current SSI/SSP benefit level shall be counted as having the greatest economic need.

Section I Title III C- Elder Nutrition Program

Title IIIC : Congregate Nutrition

\$687,775. for the provision of a minimum 91,703 meals to a minimum 350 senior citizens at the congregate nutrition sites in Santa Maria, Lompoc, Santa Barbara, Goleta, and Carpinteria. The service provider must provide nutrition education.

\$ 1,504. for the provision of 56 sessions of nutrition education presentations (provided quarterly) to 600 senior citizens at the congregate nutrition sites in Santa Barbara County.

Title IIIC Home Delivered Nutrition

\$ 466,650. for the provision of a minimum 89,000 meals to a minimum 350 senior citizens in Santa Barbara County. The service provider must provide nutrition education.

Options

No Applications for Funding were received.

Options available:

1. Release another RFP;
2. Allocate no funds;
3. Provide services in each County as a direct service; or
4. Transfer the funding for the provision of nutrition services.

Section III Title III D- Health Promotion & Disease Prevention

RFP information \$ 47,091 for the provision of an evidence-based health promotion program, including programs related to the prevention and mitigation of the effects of chronic disease (including, but not limited to, osteoporosis, obesity, diabetes, and cardiovascular disease), alcohol and substance abuse reduction, smoking cessation, weight loss and control, stress management, falls prevention, physical activity, and improved nutrition.

Applicant Summary: Family Service Agency

Family Service Agency of Santa Barbara County (FSA) provides essential and transformative services to our community's most underserved children, families and seniors. FSA programs help ensure access for Santa Barbara County residents each year to food, shelter, and other basic needs, as well as case management, advocacy and a wide array of mental health programs. Most of our services are being provided in person as we shift away from all telehealth services provided during the pandemic. We are committed to providing services where they are needed most in the community. Our programs combine clinical expertise, bilingual and bicultural staff, and close collaboration with other agencies. The Santa Maria Valley Youth and Family Center merged with FSA as of July 1, 2017, and the Guadalupe Little House by the Park merged with FSA effective July 1, 2019. These mergers create greater service stability, efficiency, and client access.

FSA's FY2022-23 budget is about \$15 million, about 88% of which comes from 26 different public sources, including local; state; and federal funds. FSA has the capacity to carry out complex public funding contracts, including providing services according to contract specifications, tracking and reporting service outcomes, and tracking and reporting finances as required. FSA has qualified and experienced staff to carry out these functions.

FSA will work with partner agency Coast Caregiver Resource Center to provide the Program to Encourage Active, Rewarding Lives (PEARLS) to educate older adults about what depression is (and is not) and help them develop the skills they need to address this for self-sufficiency and more active lives. Connection to resources and case management are part of this service. The program takes place in six to eight sessions over the course of four to five months in an older adult's home or a community-based setting that is more accessible and comfortable for older adults who do not see other mental health programs as a good fit for them. FSA will utilize OAA IIID funds to support PEARLS services to older adults in San Luis Obispo County, through a subcontract with Coast Caregiver Resource Center (CCRC). FSA will then use a grant from the state to provide PEARLS services in Santa Barbara County, so that both counties are served. The Wellness Coaches, who provide the direct services, will be overseen by a Licensed Marriage and Family Therapist (LMFT) Project Manager. They all will attend a 2-day, online PEARLS training session created by the University of Washington to prepare to implement the program.

FSA is requesting \$47,091 for the provision of the 230 units of service (contacts) for seniors in San Luis Obispo County.

Recommendation: The committee recommends that the board approve an award to FSA of \$47,091 for the provision of 230 Title III D units of service (contacts).

Appendices

Appendix 1: Summary of the Proposal Review Committee public hearing

Appendix 2: Rating Sheet for Title III D- Health Promotion- Family Service Agency

A summary of the Rating Sheets by the reviewers is set below:

	A	B	C
I. Cover Sheet	5	5	5
II Project Summary	10	10	10
III A Agency Bkgrnd & Program Information	13	14	14
III B Current Services	19	18	20
III C Proposed Services	30	30	30
III D Program Description	30	30	30
III E Client Population	15	15	15
III F Staffing Capability and Pattern	10	5	10
III H Coordination w Aging Network	10	10	10
III I Outreach and Publicity	15	15	15
III J Transportation and Access	10	10	10
III K On-Going Funding	5	5	5
III L Suggested Donation	5	5	5
III M Long Range Planning	5	5	5
III N Program Management Characteristics	15	15	24
IV Implementation Plan	15	15	15
V Assurances	15	15	15
VI Budget Summary, Narrative & CAP	20	15	15
VII Forms/Appendices	15	15	10
Subtotals	262/270	252/270	254/270
Composite Average	256/270		

Appendix 3: Summary of PRC recommendations

Central Coast Commission for Senior
Citizens
Area Agency on Aging

Proposed funding preliminary recommendations,
June 1 2023- July 31, 2024

Category	Applicant Agency	Funding request	Service level request	Cost per unit	PRC funding recommendation	PRC service recommendation
Title IID: Health Promotion	Family Service Agency	\$47,091	230 contacts	\$205	\$47,0941	230 contacts