

Senior Resource Guide – Updated for COVID19 Related Information for San Luis Obispo and Santa Barbara County

Food/Nutrition

CalFresh **1-877-847-3663** CalFresh is California's food stamps (SNAP) program. Apply online in just 10 minutes at [GetCalFresh.org](https://www.getcalfresh.org) or by calling the Department of Social Services at number above. During April and May, CalFresh recipients will automatically receive the maximum benefit amount.

CalFresh recipients can now use their EBT card to purchase groceries online at Walmart and Amazon starting April 28, 2020. You will be able order food online that you would normally buy with your EBT card in-person and select home delivery*.

*CalFresh Food benefits cannot be used to cover the cost of delivery at this time. For more information visit EBT Online at <https://www.cdss.ca.gov/ebtonline> or call 1-877-847-3663 (FOOD).

Grocery/Rx Pick-Up and Delivery – Santa Barbara County

Center for Successful Aging

(805) 898-8080 Free Pharmacy and Grocery Pick-Up Service Santa Barbara, Montecito, Goleta

Community Partners in Caring Free Grocery and rx pick Santa Maria, Orcutt, Lompoc Valley, as well as the Goleta and Santa Barbara area Call **(805) 925-8000** or sign up on their website at: <https://partnersincaring.org/services/>

Moving Miss Daisy Free Pharmacy and Grocery Pick-Up Service Santa Barbara, Montecito, Goleta (maybe Carpinteria) **(805) 448-3788** Email: info@movingmissdaisy.com

The Foodbank of Santa Barbara County, home delivery of food for adults of 60 years and older, and those 55 and older with a disability for senior home delivery Call 211 or [\(805\) 964-8857](tel:(805)964-8857)

Zoomers to Boomers – Grocery only

Santa Barbara Grocery Delivery <https://www.zoomerstoboomers.com/santabarbara>

Buellton Senior Center delivers full bag of groceries on Monday to seniors only: typically, eggs, bread and vegetables **65> only**

Area Served Santa Ynez Valley, Buellton, Solvang, Los Olivios, Los Alamos [\(805\) 688-4571](tel:(805)688-4571)

Food Pantries – Santa Barbara County

Utility Shoppe Santa Barbara – Grocery Delivery on request

Phone: 805-965-4122

The Foodbank of Santa Barbara County, home delivery of food for adults of 60 years and older, and those 55 and older with a disability for senior home delivery

Call 211 or [\(805\) 964-8857](tel:8059648857)

Home Delivered Meals- Santa Barbara County

Community Action Commission

North County (805) 925-3010

South County (805) 683-4458

Santa Maria Wisdom Center – Blue Plate \$5.50 per meal, SM, Orcutt, Lompoc, Nipomo 5 Cities (805)354-5332

Meals on Wheels

Lompoc (805) 736-3257

Santa Maria (805) 938-1200

Santa Barbara (805) 683-1565

Santa Ynez (805) 350-8478

St Marks Church -Santa Ynez Valley, Buellton, Solvang, Los Olivios, Los Alamos
2 quarts of soup with veggie and snack delivered to homebound seniors Tues/Sat
805-325-9280

Organic Soup Kitchen (805) 284-3552 Fee based service for low-income cancer patients living in SB, Goleta and Carpinteria

Grocery/Rx Pick-Up and Delivery - San Luis Obispo County

The County of San Luis Obispo is initiating a **program** to procure food and prescription medication for self-isolating seniors (65+), individuals with chronic medical conditions, or individuals required to self-isolate because they've been exposed or diagnosed with COVID-19 who do not have access to other means of procurement (e.g. family, friends, neighbors, caregivers, or other community organizations). You can apply [here](#) or call the Phone Assistance Center at **805-543-2444** to apply. After your request is submitted, you will be contacted by County staff with more information.

Wilshire Community Services-Good Neighbor SLO County: Offering grocery/prescription pick-up and delivery and transportation as needed to doctor appointments for isolated seniors. **(805) 547-7025**

Food Pantries - San Luis Obispo County

SLO Food Bank Food Distributions Locations, Food Pantries, and Meal Sites: For a complete list of sites near you, visit the Food Bank's Online Food Locator: <https://www.slofoodbank.org/food-locator/> or call **(805) 238-4664** include dry goods, protein, and fresh produce. The quantities will last one individual 3-7 days. The delivery will accommodate the number of people in need.

Home Delivered Meals- San Luis Obispo County

Meals for Seniors: Meals that Connect has meal service centers throughout San Luis Obispo County. Free meals are served Monday-Friday, 12 - 1 pm for individuals aged 60+. Call **805-541-3312** or visit mealsthatconnect.org for more information.

California Employees

State Disability

You have two [options to file for DI benefits](#). You can file your claim using [SDI Online](#) (recommended) or by submitting *Claim for Disability Insurance (DI) Benefits* (DE 2501) by mail.

- [How to File a Disability Insurance Claim in SDI Online](#)
- [How to File a Disability Insurance Claim by Mail](#)

Paid Family Leave (PFL)

- [How to File a PFL Claim in SDI Online](#)

Unemployment Insurance Benefits

- [How to File for Unemployment Benefits](#)

Federal Programs

Social Security disability insurance (SSDI) program

- [How to Apply for Social Security Disability \(SSDI\)](#)

Supplemental Security Income (SSI) program.

- [How to Apply for Supplemental Security Income \(SSI\)](#)
- or call to schedule an appointment with a local Social Security office to file an application at 1-800-772-1213 (TTY 1-800-325-0778) from 7 a.m. to 7 p.m., Monday through Friday.

Utilities

Southern California Edison 800-655-4555 Suspending disconnections for customers unable to pay sce.com/billhelp

SoCal Gas 800-342-4545 Suspending disconnections for customers and providing payment assistance www.socalgas.com/coronavirus

PG&E 877-660-6789 Offering flexible pay plans www.pge.com

Home Energy Assistance Program (HEAP)

The HEAP payment assistant program can help those in financial need prevent service interruption or restore disconnected utility services. Assistance payments are provided for gas, electric, oil, wood or propane services. Intake centers are located throughout the county for easy access and intake assistance if needed.

Apply at www.cacsb.org or call **805.617.2897**

CARE/FERA. Reduced energy rate program. If you have recently lost your job, even if you are receiving unemployment benefits, you may qualify for a reduced energy rate through our CARE or FERA programs. Apply at: www.pge.com or call **1-800-743-5000**

DMV

On March 16, 2020, the California DMV asked California law enforcement to exercise discretion for 60 days in their enforcement of driver license and vehicle registration expiration dates beginning March 16, 2020. For more information, please visit the California DMV website, www.dmv.ca.gov.

Evictions and Foreclosures During COVID19

On March 18, 2020, pursuant to authority given to local jurisdictions by Governor Newsom suspending evictions of tenants in the County for non-payment of rent related to COVID-19 financial hardships. On March 27, 2020, California Governor Newsom extended similar protections to tenants statewide by issuing [Order N-37-20](#) suspending evictions by landlords for failure to pay rent due to COVID-19 impacts, through May 31st 2020.

Though mortgage lenders and foreclosure procedures are generally federally regulated, the California Department of Business Oversight has [secured agreements](#) with several private lenders to provide relief from mortgage payments and foreclosure actions. On March 18, 2020, President Trump directed the Department of Housing and Urban Development (HUD) to suspend evictions and foreclosures through April related to the fallout of the coronavirus. On March 18, 2020, the federal agency overseeing Fannie Mae and Freddie Mac, the government-run finance firms that back the mortgages of 28 million homeowners, [ordered](#) a suspension of foreclosures and foreclosure-related evictions for federally backed loans of at least two months.

Stimulus Payment

Check the status of your Economic Impact Payment at:

IRS.GOV

According to estimates, some 140 million American households and 175 million people will qualify for an Economic Impact Payment, as these payouts are officially known. The maximum disbursement for individual taxpayers is \$1,200, with married couples filing jointly able to receive \$2,400. Qualifying children aged 16 and under can also add \$500 to a parent's or household's stimulus total.

Determining whether or not you'll receive a stimulus check boils down to your adjusted gross income (AGI) in your most recent tax filing (2018 or 2019), your tax-filing status, and your citizenship.

In particular, it leaves a lot of older Americans wondering where their stimulus money is. If you're a Social Security, SSI, or Veterans benefit recipient who's anxiously checking your bank account or mailbox and wondering when your payment will arrive, perhaps these three key dates from the Treasury Department may offer some clues.

- April 29: According to a spokeswoman from the Treasury Department, Social Security beneficiaries, survivor benefit recipients, and non-filing disabled workers receiving benefits, should begin to receive direct deposit stimulus checks on April 29. It could take a few days for all of these payouts to be disbursed, but understand that you should have your Economic Impact Payment within the next couple of days (if not already).
- May 5: If you received SSI or Veterans Affairs benefits and didn't have to file a federal tax return in 2018 or 2019, you have until May 5 to use the non-filers tool on the Internal Revenue Services' website to be eligible to receive the \$500 kicker for being a dependent to a qualifying child aged 16 and under. If you wind up missing the deadline for adding dependent children, you'll have to wait until next year's tax filing to collect the \$500 stimulus per child.
- "Early May": People receiving SSI who have not filed a federal tax return due to low income in 2018 or 2019, as well as folks receiving Veterans benefits, should begin receiving their stimulus payouts via direct deposit in early May, according to the Treasury Department. Similar to Social Security disbursements, these Economic Impact Payouts may take a few days to hit the bank accounts of all SSI and Veteran benefit recipients.

It's worth noting that if you currently receive your government benefit in the form of a check, as opposed to a direct deposit, it can take up to 14 days to receive a paper check, once issued.

Financial Relief

- **AT&T:** Provides flexible payment options for COVID19 impacted customers to keep service including cellphones, television, and internet running. Make payment arrangements by calling 800-288-2020.

- Bank of America: Offers personalized financial assistance through its Client Assistance Program and can be reached at 844-219-0690.
- CapitalOne: Customers affected by COVID19 may be eligible for assistance, which will vary on the type of product they have and their individual needs. For more information visit <https://www.capitalone.com/coronavirus/>.
- Chase Bank: Announced its efforts to help its customers affected by COVID19 and is encouraging customers to call a special care line at 888-356-0023 to discuss available hardship programs.
- Citibank: Customers affected by COVID19 may be eligible for waived fees, credit line increase, and some mortgage customers can be eligible for hardship programs. For more information visit <https://online.citi.com/US/JRS/pands/detail.do?ID=covid19>.
- COX: Due to the coronavirus crisis, increased access and speed is free for low-income internet service Connect2Compete. New Connect2Compete customers will receive their first month of service free. Additional support available for customers. Call 844-221-3930 or visit <https://www.cox.com/residential/support/coronavirus-response.html?campcode=tnt-home-alert>.
- Sprint: Offering payment options to qualified customers through its financial team to keep customers affected by COVID19 connected. Additionally GB will be provided at no cost. Call 888-211-4727 or visit [sprint.com](https://www.sprint.com) for more information.
- T-Mobile: Providing payment options for customers affected by COVID19. Customers can call T-Mobile Customer Care to discuss options at 611 from a T-Mobile device or 877-746-0909 from any phone.
- U.S Bank: Customers are encouraged to visit the U.S. Bank coronavirus webpage or contact a designated line at 888-287-7817 to speak with a customer service representative about products or customer assistance programs that may be available, including mortgage relief options. Visit <https://www.usbank.com/splash/covid-19.html>.
- Verizon: Offering flexible payment options and a “Promise to Pay” program for customers which can be set up in the My Verizon app or website, or available by calling 866-266-1445.
- Wells Fargo Bank: If in need of assistance, customers can call 800-219-9739 to speak with a trained specialist to discuss options available for their consumer lending, small business, and deposit products