

Adult Day Service Programs

Adult Day Service programs offer day care and socialization to adults who may not be able to function safely and/or comfortably in a Senior Center setting. Adult Day Centers usually have several staff who provide care and supervision for participants while organizing social and physical activities, meals, games and music. Adult Day Service programs are especially helpful for persons with memory loss, cognitive impairment and Alzheimer's disease. By providing a safe and secure daytime setting, these programs help families get respite, cope with the isolation and resulting behavior problems associated with dementia and postpone placement in a nursing home or similar institution. Below are the Adult Day Center Services in San Luis Obispo and Santa Barbara Counties.

San Luis Obispo County

Community Action Partnership (CAPSLO) Adult Day Center

1345 Oak Street Paso Robles, CA
(805) 239-5679
www.capslo.org

Santa Barbara County

Friendship Center Montecito

89 Eucalyptus Ln, Santa Barbara, CA 93108
(805) 969-0859
admin@friendshipcentersb.org
www.friendshipcentersb.com

Santa Maria Wisdom Center

2255 S. Depot St.
Santa Maria, CA 93455
(805) 354.5320
info@smwisdomcenter.org
www.smwisdomcenter.org

Friendship House

880 Friendship Lane, Solvang, CA 93463
(805) 688-8748
info@solvangfriendshiphouse.com
www.solvangfriendshiphouse.com

Lompoc Valley Haven Adult Day Program

St. Mary's Episcopal Church
2800 Harris Grade Road Lompoc, CA 93436
(805) 733-9459
www.lompocvalleyhaven.org