

Skilled Nursing Facilities

San Luis Obispo and Santa Barbara Counties

Selecting a nursing home is an important decision that merits careful consideration and study. Often, time is limited, so it is important to identify resources to assist you in your decision-making.

When should you choose Skilled Nursing?

Skilled nursing is only one of a range of services that may meet the needs of chronically ill or disabled persons. When an individual needs 24-hour nursing care and supervision, a skilled nursing facility may be the best option. Although they become a permanent home for many, they are often a temporary or short-term option for some. When a less intensive and less restrictive form of care is called for, a mix of services may be most appropriate. Options include Home Health Care and other in-home services, Residential Care Homes, and Hospice Care.

What is a Skilled Nursing Facility?

A skilled nursing facility is a residence that provides room, meals, recreational activities, help with daily living, and protective supervision to residents. Services include: medical, dietary, pharmacy and social services, plus rehabilitation, occupational and physical therapy and speech language pathology. Generally, residents of nursing facilities have physical or mental impairments, which keep them from living independently. Skilled nursing facilities are certified to provide different levels of care, from custodial to skilled nursing (services that can only be administered by a trained professional).

What services are provided?

Nursing facilities provide services which include: rehabilitation for strengthening balance, coordination, gait, positioning; cognitive skills; physical, occupational and speech therapy. Additional services may include: audiology, respiratory, enteral, intravenous and decubitus therapies; Alzheimer's/ dementia care; respite care. Skilled nursing facilities have single bedrooms and shared rooms with two to four residents.

Admission Contracts

California law mandates that every facility use a standard admission agreement that complies with all state and federal laws, and it is mandatory that each agreement include a comprehensive *Patient's Bill of Rights*. In addition, complete blank copies must be made available to the public. Every contract must clearly state what services and supplies are covered by the facility's basic daily rate. Optional services and charges must be listed as well as a statement that a resident will receive an

itemized monthly statement. There are numerous Medicare and Medi-Cal regulations that facilities must follow, for more information contact the Long Term Ombudsman's office or Senior Connection.

General Policies & Procedures

Each facility has its own policies and procedures. Ask for a copy. Some specific policies to consider: use of personal possessions, special diets, room assignments and charges, reserving a bed if a resident is transferred to hospital, visiting hours, self-care, phone calls and access to personal funds.

How do you pay for Skilled Nursing?

Skilled nursing facilities accept payment from many sources. Many people begin by paying for nursing care through their personal resources. Some have long term insurance, and under certain limited circumstances, others can receive Medicare assistance. For most people, it is necessary to find payment through public sources like Medi-Cal.

How can you check on quality?

Skilled nursing facilities can elect to accept Medicare and Medi-Cal payment. All nursing facilities that are certified to participate in Medicare or Medi-Cal are visited by a team of trained state surveyors at least once a year. These surveyors examine the facility in regard to many areas – including quality of life and quality of care measures. Skilled nursing facilities are required to post their most recent reports in a conspicuous location in the facility. Results are also available online at www.medicare.gov

Reports are also available from the Long Term Care Ombudsman Program at (805) 922-1236 for Santa Barbara Co and (805) 785-0132 for SLO Co. Prior to making a final decision, it is suggested you contact them. A *Guide to Choosing a Nursing Home* can be ordered by calling 1-800-MEDICARE or by contacting your nearest HICAP office at 1-800-434-0222.

Senior Connection
1-800-510-2020



Senior Connection is a program of the Central Coast Commission for Senior Citizens and is funded by the Older Americans Act.

Key

Facility Info

Capacity- Number of beds that the facility is licensed to carry

Info Updated- Date information was last updated by the facility

Payment Info

Accepts Medicare- is certified to accept payment from Medicare

Accepts MediCal- is certified to accept payment from Medicare

Daily Cost- Cost range for private pay on a per day basis

Monthly Cost- Cost range for private pay on a per day basis

Notes- Additional information provided by the faculty regarding services available.

Services Provided

Alzheimer's Care- Can provide care for person's with a primary diagnosis of Alzheimer's or dementia

Audiology- Hearing tests, therapies, and hearing aids

Custodial Care- Assistance with activities of daily living (bathing, eating, dressing ,etc.)

Intravenous Therapy- Available on site (i.e. IV medication, hydration or nutrition)

Respiratory Therapy- Can provide respiratory therapy on site

Respite Care- Can provide temporary care to relieve primary care givers

LOMPOC

LOMPOC SKILLED & REHAB CENTER 1428 W. NORTH AVENUE LOMPOC CA 93436 phone: <u>805 735-4010</u> fax: <u>805 736-4296</u> email: _____ Capacity: <u>120</u> Info Updated: <u>10/24/2017</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>Call for rates</u> Monthly Cost _____
	Notes:	

LVMC COMPREHENSIVE CARE CENTER 216 NORTH THIRD ST LOMPOC CA 93436-6104 phone: <u>805 736-3466</u> fax: <u>805 735-5955</u> email: <u>speerr@lompocvmc.com</u> Capacity: <u>110</u> Info Updated: <u>10/19/2017</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$405.00</u> Monthly Cost _____
	Notes: Hair salon, Music & Memories Program	

SANTA BARBARA

ALTO LUCERO TRANSITIONAL CARE 3880 VIA LUCERO SANTA BARBARA CA 93110 phone: <u>805 687-6651</u> fax: <u>805-687-0405</u> email: <u>altcadmin@compass-health.com</u> Capacity: <u>156</u> Info Updated: <u>10/23/2017</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$235</u> Monthly Cost _____
	Notes: Beauty shop available.	

BUENA VISTA CARE CENTER 160 S. PATTERSON AVE SANTA BARBARA CA 93111-2006 phone: <u>805 964-4871</u> fax: <u>805 683-3938</u> email: _____ Capacity: <u>150</u> Info Updated: <u>10/19/2017</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$267 - \$383</u> Monthly Cost _____
	Notes: Languages spoken: English and Spanish. Take Parkinson's patients. Hair dresser, social dining, dietitian also available. Daily rate does NOT include PT or Medications	

CASA DORINDA MEDICAL CENTER 300 HOT SPRINGS ROAD SANTA BARBARA CA 93108 phone: <u>805 969-8011</u> fax: <u>805 969-8686</u> email: <u>cwhitehurst@casadorinda.org</u> Capacity: <u>52</u> Info Updated: <u>10/23/2017</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input type="checkbox"/> Medi-Cal Daily Cost <u>*</u> Monthly Cost <u>*</u>
	Notes: *Patients cannot be accepted to skilled nursing unless a current resident of Casa Dorinda.	

SANTA BARBARA

<p>MISSION TERRACE CONVALESCENT HOSPITAL 623 WEST JUNIPERO STREET SANTA BARBARA CA 93105</p> <p>phone: <u>805 682-7443</u> fax: <u>805 682-5311</u> email: _____ Capacity: <u>138</u> Info Updated: <u>10/19/2017</u></p>	<p>Other Services Provided</p> <p><input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care</p> <p>Notes:</p>	<p>Payment Info</p> <p>accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$260-\$300-\$480</u> Monthly Cost _____</p>
<p>SMITH HEALTH CENTER AT THE SAMARKAND 2566 TREASURE DRIVE SANTA BARBARA CA 93105</p> <p>phone: <u>805 687-0701</u> fax: <u>805 563-0332</u> email: _____ Capacity: <u>63</u> Info Updated: <u>10/19/2017</u></p>	<p>Other Services Provided</p> <p><input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care</p> <p>Notes: All private rooms, hair salon, music stimulation, pet therapy.</p>	<p>Payment Info</p> <p>accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$422</u> Monthly Cost _____</p>
<p>THE CALIFORNIAN OF SANTA BARBARA 2225 DE LA VINA STREET SANTA BARBARA CA 93105</p> <p>phone: <u>805 682-1355</u> fax: _____ email: _____ Capacity: <u>68</u> Info Updated: <u>10/24/2017</u></p>	<p>Other Services Provided</p> <p><input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care</p> <p>Notes:</p>	<p>Payment Info</p> <p>accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>Call for rates</u> Monthly Cost _____</p>
<p>VALLE VERDE HEALTH FACILITY 900 CALLE DE LOS AMIGOS SANTA BARBARA CA 93105</p> <p>phone: <u>805 883-4000</u> fax: <u>805 687-5872</u> email: <u>yduarte@humangood.com</u> Capacity: <u>70</u> Info Updated: <u>10/23/2017</u></p>	<p>Other Services Provided</p> <p><input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care</p> <p>Notes: 24 Hour Nursing staff, alarmed doors, beautician/barber/cable TV, control access, electronic monitoring, fitness program, IV care, incontinence care, special diet accomodation.</p>	<p>Payment Info</p> <p>accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$355</u> Monthly Cost _____</p>
<p>VISTA DEL MONTE 3775 MODOC ROAD SANTA BARBARA CA 93105</p> <p>phone: <u>805 687-0793</u> fax: <u>805 687-6249</u> email: _____ Capacity: <u>29</u> Info Updated: <u>10/24/2017</u></p>	<p>Other Services Provided</p> <p><input checked="" type="checkbox"/> Alzheimer's care <input type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care</p> <p>Notes: Continuing care facility.</p>	<p>Payment Info</p> <p>accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>Call for rates</u> Monthly Cost _____</p>

SANTA MARIA

SANTA MARIA

COUNTRY OAKS CARE CENTER 830 EAST CHAPEL SANTA MARIA CA 93454 phone: 805 922-6657 fax: 805 928-9283 email: ojohnhenning@netscape.net Capacity: 57 Info Updated: 10/19/2017	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$220 Monthly Cost _____
	Notes: Beauty salon, Music & Memories program, Pet Therapy, robust therapeutic activities and sensory stimulation programming.	

MARIAN EXTENDED CARE CENTER 1530 CYPRESS WAY SANTA MARIA CA 93454 Marianmedicalcenter.com phone: 805 925-7747 fax: 805 922-9067 email: teresa.christmas@dignityhealth.org Capacity: 92 Info Updated: 10/19/2017	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$500 Monthly Cost _____
	Notes: Personal pets allowed for daily visits (but not overnight), pet therapy, beauty services weekly, wound care, trach care, TPN.	

SANTA MARIA CARE CENTER 820 WEST COOK STREET SANTA MARIA CA 93458 phone: 805 925-8877 fax: 805 346-1869 email: _____ Capacity: 55 Info Updated: 10/19/2017	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$215 Monthly Cost _____
	Notes: Pet therapy, beauty services weekly, full compliment of therapies.	

VILLA MARIA HEALTHCARE CENTER 425 EAST BARCELLUS AVENUE SANTA MARIA CA 93454 phone: 805 922-3558 fax: 805 922-5548 email: _____ Capacity: 81 Info Updated: 10/24/2017	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost Call for rates Monthly Cost _____
	Notes:	

SOLVANG

ATTERDAG CARE CENTER 636 ATTERDAG ROAD SOLVANG CA 93463 www.peoplewhocare.com phone: 805 688-3263 fax: 805 688-8574 email: _____ Capacity: 50 Info Updated: 10/23/2017	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost Call for rates Monthly Cost _____
	Notes: Beauty shop on campus.	

ARROYO GRANDE

ARROYO GRANDE

ARROYO GRANDE CARE CENTER	Other Services Provided	Payment Info
1212 FARROLL AVENUE ARROYO GRANDE CA 93420 www.arroyograndecare.com	<input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>Call for rates</u> Monthly Cost _____
phone: <u>805 489-8137</u> fax: <u>805 481-1534</u>	Notes:	
email: _____		
Capacity: <u>99</u> Info Updated: <u>10/24/2017</u>		

ATASCADERO

DANISH CARE CENTER	Other Services Provided	Payment Info
10805 EL CAMINO REAL ATASCADERO CA 93422 www.compashealth.com	<input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$225-\$230-\$255</u> Monthly Cost _____
phone: <u>805-466-9254</u> fax: <u>805-466-6007</u>	Notes: Short and Long Term Care available. Beauty shop in house, daily activities for residents.	
email: <u>kficek@compass-health.com</u>		
Capacity: <u>65</u> Info Updated: <u>10/19/2017</u>		

MORRO BAY

BAYSIDE CARE CENTER	Other Services Provided	Payment Info
1405 TERESA DRIVE MORRO BAY CA 93442	<input checked="" type="checkbox"/> Alzheimer's care <input type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$205-250</u> Monthly Cost _____
phone: <u>805-772-2237</u> fax: <u>805-772-2536</u>	Notes: Daily activities, pet therapy, music therapy.	
email: <u>bccadmissions@baysidecarecenter.com</u>		
Capacity: <u>145</u> Info Updated: <u>10/19/2017</u>		

SAN LUIS OBISPO

BELLA VISTA TRANSITION CARE	Other Services Provided	Payment Info
3033 AUGUSTA STREET SAN LUIS OBISPO CA 93401 cabrillocarecenter.com	<input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$200-\$450</u> Monthly Cost _____
phone: <u>805-544-5100</u> fax: <u>805-858-9584</u>	Notes: Beauty shop in house, daily activities.	
email: <u>ehampe@ensignservices.net</u>		
Capacity: <u>162</u> Info Updated: <u>10/19/2017</u>		

MISSION VIEW HEALTH CENTER	Other Services Provided	Payment Info
1425 WOODSIDE DRIVE SAN LUIS OBISPO CA 93401	<input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$225-\$230</u> Monthly Cost _____
phone: <u>805 543-0210</u> fax: <u>805 545-8216</u>	Notes: Also accepts Veterans Benefits, salon services, daily activities for residents.	
email: <u>susy@compass-health.com</u>		
Capacity: <u>162</u> Info Updated: <u>10/19/2017</u>		

SAN LUIS OBISPO

<p>SAN LUIS TRANSITIONAL CARE</p> <p>1575 BISHOP SAN LUIS OBISPO CA 93401 N/A</p>	<p>Other Services Provided</p> <p><input type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care</p>	<p>Payment Info</p> <p>accepts: <input checked="" type="checkbox"/> Medicare <input type="checkbox"/> Medi-Cal Daily Cost <u>\$350*</u> Monthly Cost _____</p>
<p>phone: <u>805 545-7575</u> fax: <u>805 545-7584</u> email: <u>sltcadmin@compass-health.com</u> Capacity: <u>23</u> Info Updated: <u>10/19/2017</u></p>	<p>Notes: *Base rate only; does NOT include therapies, medications or MD services. Short-term facility only for sub-acute care. No Medi-Cal placement or Long-Term Care available.</p>	

TEMPLETON

<p>VINEYARD HILLS HEALTH CENTER</p> <p>290 HEATHER COURT TEMPLETON CA 93465</p>	<p>Other Services Provided</p> <p><input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care</p>	<p>Payment Info</p> <p>accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>Call for rates</u> Monthly Cost _____</p>
<p>phone: <u>805 434-3035</u> fax: <u>805 434-3065</u> email: _____ Capacity: <u>99</u> Info Updated: <u>10/24/2017</u></p>	<p>Notes:</p>	