

# Home Care Services Information San Luis Obispo County

The following list was compiled by Senior Connection, a program of the Area Agency on Aging. 800-510-2020

The information contained in this list was provided by the individual service providers in response to informational surveys. The information is not a complete listing of Home Care providers. This list is not a referral or recommendation of any service provider. Senior Connection suggests that those seeking Home Care Services verify the information on the list and research at least 3 providers before making a selection.

## Important information

### Home Care or Home Health Care

### Company or Registry

#### Home Care

Home Care (also called homemaker services, personal care or custodial care) is non-medical in home assistance. It includes tasks like companionship, housekeeping, assistance with transportation, hygiene, toileting and more. Currently, caregivers are not required by law to have any special training or meet any criteria other than those specified by the employer (new state regulations are expected to start Jan 2016). The training and certification programs for Certified Nurses Assistants (CNA) are applicable to many of the tasks performed by in home caregivers. **These services are not covered by Medicare, Medicare supplements or any other health insurance plans.** They may be covered under a long term care insurance policy.

#### Home Health Care

Home Health Care (also called Skilled Nursing) is medical assistance in the home. This includes services that must be performed by trained medical personnel including injections, wound care, physical therapy, medical hospice care, etc. Home Health Care Companies must be licensed by the state and the personnel must keep up their individual professional licenses. **This is not a list of Home Health Agencies. For a list of licensed Home Health Agencies call Senior Connection at 800-510-2020.**

#### Home Care Company List

A Home Care Company is a business that employs caregivers for in-home care clients. They provide the following for their employees and customers: general liability and workers compensation insurance, background checks, and payroll services. The complete cost of these is included in the rates.

#### Home Care Registry List

A Home Care Registry is a business that helps its customers select caregivers. These businesses may provide the some of following services: scheduling caregivers, general liability and workers compensation insurance, caregiver background checks, and payroll services. Consumers are advised to seek further information on employment tax and personal liabilities associated with hiring in home caregivers through a registry to fully understand the additional risk and/or cost of these services. The Area Agency on Aging's ***Hiring In Home Help Guide*** provides information on hiring caregivers and can be obtained by calling the Senior Connection program at 800-510-2020 or (805)-928-2552.

See the **Key** on the back of this sheet for more definitions of the information provided in the list.



## Key

**Area Served-** Geographic areas where the services are available

**Contract-** Contract or service agreement required

**Last Updated-** When information on the company was last updated

**Hourly Rate/ 24 hr Rate-** Range of fees for services hourly and for a 24 hour shift

**Deposit-** Deposit requirements for starting services

**Minimum Service-** Minimum service required i.e. 1 hour per visit

**Background Check-** Name of service used for background checks (website or contact info)

**Additional Comments-** Specialized services or unique information about the business

**HMKR-** Homemaker services which includes :preparation of food. (*Feeding is Personal Care*), light housekeeping, washing and folding clothes, other asks around the house and companionship.

**PCARE-** Personal care services which includes bathing, dressing, hygiene, feeding, exercise.

**SHOP-** Grocery and other personal shopping

**TRANS-** Driving to appointments or activities

**RESP-** Intermittent relief care

**24HR-** 24 HR/ Overnight care\*

**ORG-** Help sorting mail/ bills and scheduling payments. Writing checks or paying bills should only be done by a licensed fiduciary.

**PET-** Feeding, walking, cleaning up after pets

\*Due to changes in state law, home care workers must be paid overtime at time and a half for every hour beyond 9 hours a day and 45 hours a week. This may impact shift scheduling.

**COMPANY LIST**

The following businesses have provided proof of the following for their employees and customers: general liability and workers compensation insurance, background checks, and payroll services. The complete cost of these is included in the rates.

<b>Active Care In Home Services</b> activecareihs.com				<b>HMKR</b>	<b>PCARE</b>	<b>TRANS</b>	<b>SHOP</b>	<b>ORG</b>	<b>RESP</b>	<b>24HR</b>	<b>PET</b>
1126 Nipomo Avenue Los Osos, CA 93402 Ph # 772-7744 Fax: 528-2581 Area Served: SLO County Background Check: HCO Registry				X	X	X	X	X	X		X
Hourly Fee:	\$25.00	24 hr rate	N/A	We offer security by providing Personal Aides, Home Health Aides, CNAs or just companion when needed. Care can be provided for just a few hours a week to help out with chores or full personal care to keep people in their homes. Offer 1 and 2 hr. visits rates. Serving the needs of seniors since 1998. Member Better Business Bureau and Home Caregivers Association of America.							
Deposit:	1 Month										
Contract required:	Yes										
Last Updated	11/17/2017										
<b>Affordable Home Care Alternatives, Inc.</b>				<b>HMKR</b>	<b>PCARE</b>	<b>TRANS</b>	<b>SHOP</b>	<b>ORG</b>	<b>RESP</b>	<b>24HR</b>	<b>PET</b>
P.O. Box 513 Nipomo, CA 93444 Ph # 801-4242 Fax: 343-9802 Area Served: Santa Maria-SLO County Background Check: State of California				X	X	X	X	X	X	X	X
Hourly Fee:	\$23.50 - \$26	24 hr rate	\$23.50	We are locally owned and not a franchise, in business for 16 years. We pride our company on the quality of our care. We specialize in post hospitalization/surgery care. Many of our caregivers are CNAs. Other Services offered: arrange doctors appointments, physical therapy exercises as instructed by physical therapist.							
Deposit:	yes										
Contract required:	No										
Last Updated	11/14/2017										
<b>Amdal In-Home Care</b> www.amdalinhome.com				<b>HMKR</b>	<b>PCARE</b>	<b>TRANS</b>	<b>SHOP</b>	<b>ORG</b>	<b>RESP</b>	<b>24HR</b>	<b>PET</b>
8315 Morro Rd STE 101 Atascadero, CA 93422 Ph # 464-0108 Fax: 464-0157 Area Served: SLO County and Santa Maria Background Check: Full background check including LiveScan fingerprinting by DOJ, DMV records, personal references & past employment.				X	X	X	X		X	X	X
Hourly Fee:	\$26.00-29.00	24 hr rate	\$575-650	Amdal In-Home Care has been providing in-home care since 1999. We provide assistance to seniors and other individuals to live an independent, quality life within the comfort of their own homes. Our skilled caregivers provide care catered to your unique needs including personal care, transportation, homemaking, medication reminders and companionship. We offer 2 hour shifts all the way up to 24 hour care. Call us for a free in-home assessment by our Care Coordinator.							
Deposit:	2 week security deposit										
Contract required:	Service Agreement										
Last Updated	10/26/2017										
<b>BrightStar Care of San Luis Obispo</b> www.brightstarcare.com				<b>HMKR</b>	<b>PCARE</b>	<b>TRANS</b>	<b>SHOP</b>	<b>ORG</b>	<b>RESP</b>	<b>24HR</b>	<b>PET</b>
3220 S Higuera St. STE 315 San Luis Obispo, CA 93401 Ph # 548-8811 Fax: 748-1693 Area Served: SLO & SB Counties Background Check: LiveScan - Intellicorp				X	X	X	X	X	X	X	X
Hourly Fee:	Varies	24 hr rate	Varies	BrightStar is a Premium Home Care agency with Nurse oversight on-sight. Joint Commission Accredited. Skilled Nursing available. BrightStar has all necessary insurance and will provide to potential clients.							
Deposit:	Depends on Services										
Contract required:	Service Agreement										
Last Updated	10/31/2017										

**COMPANY LIST**

The following businesses have provided proof of the following for their employees and customers: general liability and workers compensation insurance, background checks, and payroll services. The complete cost of these is included in the rates.

Coast Family Home Care Inc. www.coastfamilyhomecare.com				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET
900 E. Main Street, #103 Santa Maria, CA 93454 Ph # 934-0600 Fax: 937-8969				Hourly Fee: \$27.00							
Area Served: SB and SLO Counties				24 hr rate							
Background Check: Live Scan Fingerprinting by DOJ and FBI				Call							
Deposit: None				Locally owned and operated. Owners on call 24/7/365. We tailor each care plan to the client. We provide e-mail or phone updates weekly to family members. All caregivers are professional, caring and dependable. We take care of all taxes, workers compensation, etc. for employees. All caregivers are registered with the State of California.							
Contract required: Agreement											
Last Updated: 11/9/2017											
Comfort Keepers www.lososos-973.comfortkeepers.com				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET
660 Santa Ysabel Los Osos, CA 93402 Ph # 528-8862, 234-7503 Fax: 528-1183				Hourly Fee: \$26.50-36.50							
Area Served: SB and SLO County				24 hr rate							
Background Check: LiveScan and GIS				\$612-714							
Deposit: 2 weeks based on hours scheduled				Comfort Keepers provides seniors with in home assistance. Provide 24 Hr emergency response. Other services offered: Alzheimer's/ Dementia Care, hospice, rehab and Safety Choice (Emergency response and medication management solutions). Will assist veterans in applying for Veterans Non-Service Connected Improved Pension Benefits. Clients and their families have on-line access to portal to view on-going care and make requests.							
Contract required: Yes											
Last Updated: 11/9/2017											
Family Home Care Inc. www.familyinhomecare.com				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET
717 E. Grand Ave Arroyo Grande, CA 93420 Ph # 481-6081 Fax: 481-9981				Hourly Fee: Call							
Area Served: SB and SLO Counties				24 hr rate							
Background Check: DOJ/FBI				Call							
Deposit: None required				Been in business 30+ years. Family owned and operated.							
Contract required: Agreement Only											
Last Updated: 11/22/2017											
Home Instead www.homeinstead.com/345				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET
180 N 9th St Grover Beach, CA 93433 Ph # 473-5781 Fax: 473-5822				Hourly Fee: \$26.50-36.00							
Area Served: SLO County				24 hr rate							
Background Check: Highest standard of background checks which includes LiveScan through the FBI & DOJ, clear DMV and be registered with the HCA.				Call							
Deposit: Two weeks service credited to last invoice				To us, it's personal. We operate from the heart and we focus on providing the highest level of care to our clients and their families. We have been locally owned and serving San Luis Obispo County since 2001. We can help with everything from companionship to personal care, to specialized care including Dementia and Hospice. We have flexible scheduling policies and can provide care from 1 to 24 hour shifts. Our caregivers are licensed and bonded and have to clear a thorough background check We provide 24/7 on-call support							
Contract required: Service Agreement											
Last Updated: 10/26/2017											

**COMPANY LIST**

The following businesses have provided proof of the following for their employees and customers: general liability and workers compensation insurance, background checks, and payroll services. The complete cost of these is included in the rates.

				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET
<b>Monarch Home Care</b> www.monarchhomecare.net				X	X	X	X		X	X	X
3220 S. Higuera St. STE 308 San Luis Obispo Ph # 542-9740 Fax: 542-9475				After hours call 805-400-5948							
Hourly Fee: \$23		24 hr rate \$456									
Deposit: No		Contract required: Yes - Service Agreement									
Area Served: SLO County and Santa Maria		Last Updated		10/31/2017							
Background Check:		LiveScan fingerprinting / State DSS Registration									
<b>Nursecore</b> www.nursecore.com				X	X		X	X	X	X	X
1010 S Broadway STE A Santa Maria, CA 93454 Ph # 938-7660 Fax: 938-7741				NurseCore, is a national leader in Home Health Care Services. We are a full-service Home Care Agency, providing short/long term hourly companion, sitter, live-in and personal care services in addition to hourly or intermittent skilled nursing services. All services are assessed and supervised by a Clinical Director/RN. We are available 24 hours per day, 7 days per week. All of our caregivers are skill-matched to client's needs and service areas. Initial RN assessment fee waived if services procured.							
Hourly Fee: \$29.95 - 150.		24 hr rate N/A									
Deposit: 2 Weeks of service		Contract required: Yes									
Area Served: SB and SLO Counties		Last Updated		11/17/2017							
Background Check:		HireRight- 866-521-6995 www.hireright.com									
<b>Pristine Home Services</b> www.pristinehomeservices.net				X	X		X				
710 Fiero Ln Unit #16 San Luis Obispo, CA 93401 Ph # 543-4663 Fax: 543-4617				We have been serving SLO County for over 10 years. We provide personal care, light housekeeping, handyman and yard maintenance throughout all of San Luis Obispo County. We are your Home Services Specialist. Please call for rate. Whatever you need...give us a call.							
Hourly Fee: \$30-60		24 hr rate NA									
Deposit: No		Contract required: No									
Area Served: San Luis Obispo County		Last Updated		10/31/2017							
Background Check:		LiveScan, FBI & DOJ & Greg Clayton Investigations									
<b>ResCare Home Care</b> www.rescare.com/homecare-services/				X	X	X	X	x	X	X	x
3220 S. Higuera Ste. 307 San Luis Obispo, CA 93401 Ph # 888-439-8800 Fax: 781-8156				We at ResCare Home Care are proud of our flexible services that are available when you need them and the way that you want them with no hourly minimums. We are the nations largest home care provider. We match our Caregivers with individuals based off personality, scheduling and needs. Our Capable Care Coordinators maintain regular contact to ensure services are satisfactory. In addition, we offer transportation services (including wheelchair transport) and One Touch Personal Emergency Response Systems							
Hourly Fee: Dependent		24 hr rate Dependent									
Deposit: Not as long as credit check is passed		Contract required: No commitment									
Area Served: SB and SLO County		Last Updated		11/9/2017							
Background Check:		Complies with all screening requirements of LiveScan Fingerprinting Clearance for both DOJ and FBI and TB Clearance Test.									

**COMPANY LIST** The following businesses have provided proof of the following for their employees and customers: general liability and workers compensation insurance, background checks, and payroll services. The complete cost of these is included in the rates.

Senior Helpers of San Luis Obispo County				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET
www.seniorhelpers.com/sanluisobispo				X	X	X	X	X	X	X	X
7305 Morro Road Suite 204		Hourly Fee: \$25-\$42.95	24 hr rate \$600	We specialize in dementia and Alzheimer's care. We have been endorsed by the Alzheimer's Foundation because trained caregivers take a positive approach to Alzheimer's and dementia care with our unique Senior Gems® program. The Senior Gems® focuses on what is precious and unique about all of our clients and although we understand there are changes taking place, our emphasis is on what clients are still able to do. Our caregivers use techniques designed to foster supportive communication, promote a positive environment and provide meaningful activities.							
Atascadero, CA 93422		Deposit: None w/Credit Card Pymnt Agreement									
Ph # 461-5892 Fax: 669-3959		Contract required: No									
Area Served: SLO County		Last Updated 11/14/2017									
Background Check: State of California/DOJ/FBI											
Seronda Senior Services				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET
www.serondaseniorservices.com					X		X	X			
917 Savannah Drive		Hourly Fee: \$26	24 hr rate N/A	Our mission at Seronda Senior Services is to help seniors remain in their homes, help with errands, household tasks, and help with planning and downsizing. I'm always ready to lend a hand.							
Grover Beach, CA 93433		Deposit: None									
Ph # 350-0188 Fax:		Contract required: None									
Area Served: SLO Counties		Last Updated 11/17/2017									
Background Check:											
Superior Senior Home Care				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET
www.SuperiorSeniorHomeCare.com				X	X	X	X	X	X	X	X
121 N. Halcyon, #B		Hourly Fee: \$25 - \$29	24 hr rate per hour	We are the preferred Adult Protective Services agency.							
Arroyo Grande, CA 93420		Deposit: None in most cases									
Ph # 270-4820 Fax: 735-2410		Contract required: Agreement required									
Area Served: SB and SLO Counties		Last Updated 10/31/2017									
Background Check: Done by State											
Visiting Angels				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET
www.visitingangels.com				X	X	X	X	X	X	X	X
1317 Broad St STE B		Hourly Fee: \$ 26.50	24 hr rate \$26.50	Our caregivers are our employees and are covered by Workers Compensation, along with the security of liability and bonding insurance. We are fully compliant with California licensing laws, and our caregivers are all state-registered Home Care Aides. We are looking forward to meeting you to discuss your care needs.							
San Luis Obispo, CA 93401		Deposit: None									
Ph # 546-2080 Fax: 888-2856		Contract required: Service agreement									
Area Served: SLO County and Santa Maria		Last Updated 10/26/2017									
Background Check: Background PowerSearch, state LiveScan background											

**REGISTRY LIST**

The following businesses provide assistance in finding and coordinating caregiving services. The complete costs of caregiving services (liability insurances and payroll taxes) may not be included in the hourly rate. Consumers are advised to seek further information on employment tax and personal liabilities associated with hiring in home caregivers to fully understand the additional risk and/or cost of these services.

Central Coast Caregiver Associates				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET	
centralcoastcaregiver.com				X	X	X	X	X	X	X	X	
7395 El Camino Real STE#104	Hourly Fee:	Varies	24 hr rate	We have served San Luis Obispo and Santa Barbara Counties for 17 years. Locally owned and operated. We have quality and highly experienced caregivers.								
Atascadero, CA 93422	Deposit:											
Ph # 461-5339	Fax: 461-8518	Contract required:										
Area Served:	SLO and North SB Counties	Last Updated	11/17/2017									
Background Check:												
Extended Family Associates				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET	
www.extendedfamilyassociates.com				X	X	X	X	X	X	X	X	
8949-7 Broad St Box 10	Hourly Fee:	Varies	24 hr rate	Specialize in keeping your loved ones at home. Can assist in selecting a private caregiver and provide care management. 30 years experience as an RN. Member of the National Association of Professional Geriatric Care Managers.								
San Luis Obispo, CA 93401	Deposit:	no										
Ph # 801-2512	Fax: 439-1818	Contract required:										
Area Served:	North SB and SLO Counties	Last Updated	11/17/2017									
Background Check:												
Independent Living Resource Center				HMKR	PCARE	TRANS	SHOP	ORG	RESP	24HR	PET	
www.irlc-trico.org				X	X	X	X	X	X	X	X	
7425 El Camino Real #R	Hourly Fee:	Varies	24 hr rate	Maintains a registry of independent caregivers.								
Atascadero, CA 93422	Deposit:	None										
Ph # 462-1162	Fax:	Contract required:										
Area Served:	SLO Counties	Last Updated	11/17/2017									
Background Check:												